**Week Fifty-Five**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Final Lessons, Epilogue, the tips and Jar of Life.
2. **Read The Transparency of Things by Rupert Spira, p.34-39.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 1-7.   
     
   Note: Thoughts of Awakening is a free ebook at this link:  
   <http://www.drivehq.com/file/df.aspx/publish/RAkers/RDAPublicFolder/AwakeningTogether/EBooks/ThoughtsOfAwakening.pdf>   
     
   (Note for the Facilitator: Let participants know that the practice for *Thoughts of Awakening* is to carry each day’s thought with you so you can read it and contemplate it multiple times throughout the day.)
5. **Homework Assignment C:** Read NTI Matthew, Chapters 1-10. The tips each day will tell you exactly how much to read each day.

**Week Fifty-Six**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 1-7 & Matthew 1-10.
2. **Read The Transparency of Things by Rupert Spira, p.39-43.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 8-14.
5. **Homework Assignment C:** Read NTI Matthew, Chapters 11-17 by following the daily reading assignments given through the tips.

**Week Fifty-Seven**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 8-14 & Matthew 11-17.
2. **Read The Transparency of Things by Rupert Spira, p.44-49, Ego.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 15-21.
5. **Homework Assignment C:** Read NTI Matthew, Chapters 18-23 by following the daily reading assignments given through the tips.

**Week Fifty-Eight**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 15-21 & Matthew 18-23.
2. **Read The Transparency of Things by Rupert Spira, p.50-57, Consciousness Is Its Own Content.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 22-28.
5. **Homework Assignment C:** Read NTI Matthew, Chapters 24-28 by following the daily reading assignments given through the tips.

**Week Fifty-Nine**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 22-28 & Matthew 24-28.
2. **Read The Transparency of Things by Rupert Spira, p.58-66, Knowingness Is the Substance of All Things & Our True Body.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 29-35.
5. **Homework Assignment C:** Read NTI Mark, Chapters 1-5 by following the daily reading assignments given through the tips. You won’t complete Chapter 5 this week. The tip that day will tell you exactly which paragraphs to read from Mark 5.

**Week Sixty**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 29-35 & Mark, Chapters 1-5, stop at v 21-34.
2. **Read The Transparency of Things by Rupert Spira, p.67-71, ‘I’ Am Everything.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 36-42.
5. **Homework Assignment C:** Read NTI Mark, Chapters 5 beginning at v 21-34 on page 78 through Chapter 8 by following the daily reading assignments given through the tips.

**Week Sixty-One**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 36-42 & Mark, Chapter 5 at v 21-34 - Chapter 8.
2. **Read The Transparency of Things by Rupert Spira, p. 72-76.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 43-49.
5. **Homework Assignment C:** Read NTI Mark, Chapters 9-11 by following the daily reading assignments given through the tips.

**Week Sixty-Two**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 43-49 & Mark, Chapter 9-11.
2. **Read The Transparency of Things by Rupert Spira, p. 76-81.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 50-56.
5. **Homework Assignment C:** Read NTI Mark, Chapters 12-14 by following the daily reading assignments given through the tips.

**Week Sixty-Three**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 50-56 & Mark, Chapters 12-14.
2. **Read The Transparency of Things by Rupert Spira, p. 82-87.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 57-63.
5. **Homework Assignment C:** Read NTI Mark, Chapters 15-16 & Luke 1-3 by following the daily reading assignments given through the tips.

**Week Sixty-Four**

***Facilitator Materials Needed:***

*The Transparency of Things,*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 57-63 & Mark, Chapters 15-16 & Luke 1-3.
2. **Read The Transparency of Things by Rupert Spira, p. 87-93.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 64-70.
5. **Homework Assignment C:** Read NTI Luke, Chapters 4-8 by following the daily reading assignments given through the tips.

**Week Sixty-Five**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 64-70 & Luke 4-8.
2. **Read The Transparency of Things by Rupert Spira, p. 94-101, Consciousness Is Self-Luminous & The Choice of Freedom.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 71-77.
5. **Homework Assignment C:** Read NTI Luke, Chapters 9-13 by following the daily reading assignments given through the tips.

**Week Sixty-Six**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 71-77 & Luke 9-13.
2. **Read The Transparency of Things by Rupert Spira, p. 102-108.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 78-84.
5. **Homework Assignment C:** Read NTI Luke, Chapters 14-19 by following the daily reading assignments given through the tips.

**Week Sixty-Seven**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 78-84 & Luke 14-19.
2. **Read The Transparency of Things by Rupert Spira, p. 108-113.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 85-91.
5. **Homework Assignment C:** Read NTI Luke, Chapters 20-23 by following the daily reading assignments given through the tips.

**Week Sixty-Eight**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 85-91 & Luke 20-23.
2. **Read The Transparency of Things by Rupert Spira, p. 114-119.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 92-98.
5. **Homework Assignment C:** Read NTI Luke, Chapter 24 & John 1-7 by following the daily reading assignments given through the tips.

**Week Sixty-Nine**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 92-98 & Luke 24 & John 1-7.
2. **Read The Transparency of Things by Rupert Spira, p. 120-127.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 99-105.
5. **Homework Assignment C:** Read NTI John 8-18 by following the daily reading assignments given through the tips.

**Week Seventy**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 99-105 & John 8-18.
2. **Read The Transparency of Things by Rupert Spira, p. 128-136, Knowing Is Being Is Loving & Changeless Presence .** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 106-112.
5. **Homework Assignment C:** Read NTI John 19-21 & Acts 1-5 by following the daily reading assignments given through the tips.

**Week Seventy-One**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 106-112 & John 19-21 & Acts 1-5.
2. **Read The Transparency of Things by Rupert Spira, p. 137-142, Time Never Happens.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 113-119.
5. **Homework Assignment C:** Read NTI Acts 6 – Acts 11 by following the daily reading assignments given through the tips.

**Week Seventy-Two**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 113-119 & NTI Acts 6 – Acts 11.
2. **Read The Transparency of Things by Rupert Spira, p. 143-151, Unveiling Reality & We Are What We Seek.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 120-126.
5. **Homework Assignment C:** Read NTI Acts 12 – 18 by following the daily reading assignments given through the tips.

**Week Seventy-Three**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 120-126 & NTI Acts 12 - 18.
2. **Read The Transparency of Things by Rupert Spira, p. 152-157, Nature’s Eternity (part 1).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 127-133.
5. **Homework Assignment C:** Read NTI Acts 19 – 24 by following the daily reading assignments given through the tips.

**Week Seventy-Four**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 127-133 & NTI Acts 19 - 24.
2. **Read The Transparency of Things by Rupert Spira, p. 157-160, Nature’s Eternity (part 2).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 134-140.
5. **Homework Assignment C:** Read NTI Acts 25 – 28 & NTI Romans 1 – 4 by following the daily reading assignments given through the tips.

**Week Seventy-Five**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 134-140 & NTI Acts 25 – 28 & NTI Romans 1 – 4.
2. **Read The Transparency of Things by Rupert Spira, p. 161-165, Nature’s Eternity (completed).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 141-147.
5. **Homework Assignment C:** Read NTI Romans 5 – 10 by following the daily reading assignments given through the tips.

**Week Seventy-Six**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 141-147 & NTI Romans 5 - 10.
2. **Read The Transparency of Things by Rupert Spira, p. 166-172, Consciousness and Being are One & The Fabric of Self.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 148-154 including Commentary on the Inner Guiding Force (with 151), Commentary on Surrender (with 152), Commentary on Self-Love (with 153) & Commentary on Calm (with 154).
5. **Homework Assignment C:** Read NTI Romans 11 - 13. (No NTI reading on Days 151-154). Simply follow the daily reading assignment given in the tips.

**Week Seventy-Seven**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 148-154 including the commentaries & NTI Romans 11-13.
2. **Read The Transparency of Things by Rupert Spira, p. 173-178, The True Dreamer (part 1).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 155-161 including Commentary on Fear (with 155) & Commentary on Discernment (with 156).
5. **Homework Assignment C:** Read NTI Romans 14 – 16 & NTI 1 Corinthians 1 - 2. (No NTI reading on Days 155 & 156.) Simply follow the daily reading assignment given in the tips.

**Week Seventy-Eight**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 155-161 including the commentaries & NTI Romans 14 – 16 & NTI 1 Corinthians 1 - 2.
2. **Read The Transparency of Things by Rupert Spira, p. 178-184, The True Dreamer (completed).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 162-168.
5. **Homework Assignment C:** Read NTI 1 Corinthians 3 – 9. Follow the daily reading assignment given in the tips.

**Week Seventy-Nine**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 162-168 & NTI NTI 1 Corinthians 3 – 9.
2. **Read The Transparency of Things by Rupert Spira, p. 185-187, The Here and Now of Presence.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 169-175.
5. **Homework Assignment C:** Read NTI 1 Corinthians 10-16. Follow the daily reading assignment given in the tips.

**Week Eighty**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 169-175 & NTI 1 Corinthians 10-16.
2. **Read The Transparency of Things by Rupert Spira, p. 188-191, Consciousness is Self-Luminous.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 176-182.
5. **Homework Assignment C:** Read NTI 2 Corinthians 1-7. Follow the daily reading assignment given in the tips.

**Week Eighty-One**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 176-182 & NTI 2 Corinthians 1-7.
2. **Read The Transparency of Things by Rupert Spira, p. 192-193, Consciousness Only Knows Itself.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 183-189.
5. **Homework Assignment C:** Read NTI 2 Corinthians 8-13 & NTI Galatians 1. Follow the daily reading assignment given in the tips.

**Week Eighty-Two**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 183-189 & NTI 8-13 & NTI Galatians 1.
2. **Read The Transparency of Things by Rupert Spira, p. 194-199, Consciousness Is Freedom Itself (part 1).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 190-196.
5. **Homework Assignment C:** Read NTI Galatians 2-6. Follow the daily reading assignment given in the tips.

**Week Eighty-Three**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 190-196 & NTI Galatians 2-6.
2. **Read The Transparency of Things by Rupert Spira, p. 200-204, Consciousness Is Freedom Itself (completed).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 197-203.
5. **Homework Assignment C:** Read NTI Ephesians 1- 6 & Philippians 1 - 2. Follow the daily reading assignment given in the tips.

**Week Eighty-Four**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 197-203, NTI Ephesians 1- 6 & Philippians 1 - 2
2. **Read The Transparency of Things by Rupert Spira, p. 205-209, Sameness and Oneness.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 204-210 including Commentary on Obedience (with 206), Commentary on the World (with 207), Commentary on the Wish to Be Independent (with 208), Commentary on Peace (with 209) & Commentary on Listening (with 210).
5. **Homework Assignment C:** Read NTI Philippians 3-4 (No NTI reading on days 206-210). Follow the daily reading assignment given in the tips.

**Week Eighty-Five**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 204-210 including the commentaries & NTI Philippians 3-4.
2. **Read The Transparency of Things by Rupert Spira, p. 210-214, A Knowing Space.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 211-217 including Commentary on Desire (with 211), Commentary on Gratitude (with 213), Commentary on Happiness (with 215), & Commentary on Experience (with 216)
5. **Homework Assignment C:** Read NTI Colossians 1-4 and NTI Thessalonians 1-2. (No NTI reading on days 211, 213, 215, or 216). Follow the daily reading assignment given in the tips.

**Week Eighty-Six**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 211-217 including the commentaries, NTI Colossians 1-4 & NTI 1 Thessalonians 1-2.
2. **Read The Transparency of Things by Rupert Spira, p. 215-220, Consciousness Peace ‘I’ and Just This.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 218-224 including Commentary on Awareness (with 221),
5. **Homework Assignment C:** Read NTI 1 Thessalonians 3-5 & NTI 2 Thessalonians 1-3. (No NTI reading on day 221). Follow the daily reading assignment given in the tips.

**Week Eighty-Seven**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 218-224 including the commentary, 1 Thessalonians 3-5 & 2 Thessalonians.
2. **Read The Transparency of Things by Rupert Spira, p. 221-224, The Doer.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 225-231.
5. **Homework Assignment C:** Read NTI 1 Timothy 1-6 & NTI 2 Timothy 1-2. Follow the daily reading assignment given in the tips.

**Week Eighty-Eight**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 225-231, 1 Timothy 1-6 & NTI 2 Timothy 1-2.
2. **Read The Transparency of Things by Rupert Spira, p. 225-226, Origin, Substance & Destiny.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 232-238. (Do not include the Commentary on Mind. We will read that when we get to *The Teachings of Inner Ramana.*)
5. **Homework Assignment C:** Read NTI 2 Timothy 3-4, Titus 1-3, Philemon & NTI Hebrews 1-6. Follow the daily reading assignment given in the tips.

**Week Eighty-Nine**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 232-238, NTI 2 Timothy 3-4, Titus 1-3, Philemon & NTI Hebrews 1-6.
2. **Read The Transparency of Things by Rupert Spira, p. 227-233, Love in Search of Itself.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 239-245.
5. **Homework Assignment C:** Read NTI Hebrews 7-13. Follow the daily reading assignment given in the tips.

**Week Ninety**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights. Thoughts 239-245, NTI Hebrews 7-13.
2. **Read The Transparency of Things by Rupert Spira, p. 234-238, Openness, Sensitivity, Vulnerability & Availability (part 1).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 246-252 including Commentary on Awakening (with 246).
5. **Homework Assignment C:** Read NTI James 1-5 & NTI 1 Peter 1. (No NTI reading on day 246.) Follow the daily reading assignment given in the tips.

**Week Ninety-One**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening, 246-252 including Commentary on Awakening, and NTI James 1-5 & NTI 1 Peter 1.
2. **Read The Transparency of Things by Rupert Spira, p. 238-242, Openness, Sensitivity, Vulnerability & Availability (part 2).** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 253-259
5. **Homework Assignment C:** Read NTI 1 Peter 2-5 & NTI 2 Peter 1-3. Follow the daily reading assignment given in the tips.
6. If you do not already have *The Teaching of Inner Ramana*, order it now. We will begin reading from that book in Week 97.

**Week Ninety-Two**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening, 253-259 and NTI 1 Peter 2-5 & NTI 2 Peter 1-3.
2. **Read The Transparency of Things by Rupert Spira, p. 243-248, Time and Memory.** Ask participants to listen to the reading and take notes on anything their heart prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening, 260-266 including Commentary on True Practice (with 260).
5. **Homework Assignment C:** Read NTI 1 John 1-5 & NTI 2 John. (No NTI reading on Day 260.) Follow the daily reading assignment given in the tips.

**Week Ninety-Three**

***Facilitator Materials Needed:***

*The Transparency of Things*

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 260-266 including the Commentary on True Practice and NTI 1 John 1-5 & NTI 2 John.
2. **Read The Transparency of Things by Rupert Spira, p. 249-253, The Moon’s Light & The Natural Condition.** Ask participants to listen to the reading and take notes on anything their heat prompts them to take notes on. Let them know they will be invited to share from their notes after the reading. As you read, feel free to pause and comment as you feel prompted.
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening 267-273.
5. **Homework Assignment C:** Read NTI 3 John, NTI Jude, NTI Revelation 1-5. Read the Bible excerpt whenever there is a Bible icon next to the verses in NTI Revelation. Follow the daily reading assignment given in the tips.

**Week Ninety-Four**

***Facilitator Materials Needed:***

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 267-273, NTI 3 John, NTI Jude, NTI Revelation 1-5.
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 274-280 including the Commentary on Love (Day 274).
4. **Homework Assignment C:** Read NTI Revelation 6-11. Read the Bible excerpt whenever there is a Bible icon next to the verses in NTI Revelation. Do the journaling exercises mentioned in NTI Revelation 8, 9, and 10. No NTI Reading on Day 274. Follow the daily reading assignment given in the tips.

**Week Ninety-Five**

***Facilitator Materials Needed:***

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 274-280 and NTI Revelation 6-11 including the participant’s journals for NTI Revelation 8, 9, and 10.
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 281-287.
4. **Homework Assignment C:** Read NTI Revelation 12-18. Read the Bible excerpt whenever there is a Bible icon next to the verses in NTI Revelation. Do the journaling exercises mentioned in NTI Revelation 13. Follow the daily reading assignment given in the tips.

**Week Ninety-Six**

***Facilitator Materials Needed:***

*NTI*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 281-287 and NTI Revelation 12-18 including the participant’s journals for NTI Revelation 13.
2. **Read The Tao Te Ching, verses 13-18.** Ask participants to listen to the
3. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
4. **Homework Assignment B:** Thoughts of Awakening 288-294.
5. **Homework Assignment C:** Read NTI Revelation 19-22. Read the Bible excerpt whenever there is a Bible icon next to the verses in NTI Revelation. Follow the daily reading assignment given in the tips.

**Week Ninety-Seven**

***Facilitator Materials Needed:***

*NTI, The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 288-294 and NTI Revelation 19-22.
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 295-301.
4. **Homework Assignment C:** Read the following messages from *The Teachings of Inner Ramana*: Commentary on Mind, The Purpose of Surrender, The Purpose of Surrender Part Two, Instructions for Using the Mantra, The Circus and the Meadow, Look at the False “I” Thought, The Importance of Practice. Follow the daily reading assignment given in the tips.

**Week Ninety-Eight**

***Facilitator Materials Needed:***

*The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 295-301 and the assigned messages from *The Teaching of Inner Ramana.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 302-308 including the Commentary on Not-Knowing (Day 307) and the Commentary on Home (Day 308).
4. **Homework Assignment C:** Read the following messages from *The Teaching of Inner Ramana*: The Importance of Practice Part Two, True Understanding Comes from Seeing, Exposing the “I” Thought, Exposing the Attachment to Mind, and Clarity on Purpose. There is no reading on Days 307 & 308. Follow the daily reading assignment given in the tips.

**Week Ninety-Nine**

***Facilitator Materials Needed:***

*The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 302-308 including the commentaries and the assigned messages from *The Teaching of Inner Ramana.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 309-315.
4. **Homework Assignment C:** Read the following messages from *The Teaching of Inner Ramana*: Clarity on Practice, How to Awaken from the Dream, How to Awaken from the Dream Part Two, s/Self-Inquiry, The Love of Discipline, Truth Made Manifest, Extinguishment of “I” Thought. Follow the daily reading assignment given in the tips.
5. If you don’t already have it, order *The Seven Steps to Awakening*. That will be our text for Year 3.

**Week One Hundred**

***Facilitator Materials Needed:***

*The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 309-315 and the assigned messages from *The Teaching of Inner Ramana.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 316-322 including the Commentary on False Perception (Day 317) and the Commentary on Attachment (Day 321).
4. **Homework Assignment C:** Read the following messages from *The Teaching of Inner Ramana*: The Mind that Thinks it is Lord, A Contract for Awakening, Pain and Purification, The Grace of the Guru, Full-Time Inquiry for Self. There is no reading in Inner Ramana on days 317 and 321. Follow the daily reading assignment given in the tips.

**Week One Hundred One**

***Facilitator Materials Needed:***

*The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 316-322 and the assigned messages from *The Teaching of Inner Ramana.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 323-329 including the Commentary on Discovering False Identity (Day 325).
4. **Homework Assignment C:** Read the following messages from *The Teaching of Inner Ramana*: Moving from Resistor to Abiding in Self, The Missing Ramana Message, followed by a Year 2 review. The tips will guide you through the daily reading and review.

**Week One Hundred Two**

***Facilitator Materials Needed:***

*The Teachings of Inner Ramana*

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 323-329 including the commentary, and the assigned messages from *The Teaching of Inner Ramana.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 330-336.
4. **Homework Assignment C:** Year 2 Review. The tips will guide you through the daily review.

**Week One Hundred Three**

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 330-336*.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 337-343.
4. **Homework Assignment C:** Year 2 Review. The tips will guide you through the daily review.

**Week One Hundred Four**

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 337-342*.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 344-350.
4. **Homework Assignment C:** Year 2 Review. The tips will guide you through the daily review.

**Week One Hundred Five**

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 343-349*.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 351-357.
4. **Homework Assignment C:** Year 2 Review. The tips will guide you through the daily review.

**Week One Hundred Six**

1. **Participant Sharing**: Go over participant’s journals, questions & insights, Thoughts of Awakening 350-356*.*
2. **Homework Assignment A:** Practice daily meditation for 30-60 minutes each day. Practice the “Loving All” Method.
3. **Homework Assignment B:** Thoughts of Awakening 358-364.
4. **Homework Assignment C:** Year 2 Review. The tips will guide you through the daily review.

*Note*: Year Three Begins with Thought of Awakening 365, and then moves into *The Seven Steps to Awakening*